



## Empowerment

Standards-based curriculum empowers students to better navigate life and to change their community for the better.



## Positive Change

Students learn about social norms—and how they can work together to challenge norms that harm the community.



## Healthy Relationships

Students learn the importance of setting and respecting boundaries, as well as how to identify healthy, unhealthy, and abusive relationships.



## Conflict-Resolution

Students learn how to safely intervene if they see someone being harassed by practicing bystander intervention skills together.

# My Voice Matters

## Youth Violence Prevention



## Red Flags

Students learn how to recognize red flag behaviors and review strategies to keep themselves safe, including while using technology.



## Social-Emotional Learning (SEL)

The YVP curriculum aligns with Michigan health education standards and CASEL's social and emotional learning competencies.



## Community Support

Students consider ways the community can improve supports for those people who experience abuse. Students also learn how they can support friends who may be involved in an unhealthy or abusive relationship.



## Facilitator Training

Offered both in-person and virtually, this comprehensive and interactive training builds youth skills and strengthens facilitator skills.

[bit.ly/SHM-YVP](https://bit.ly/SHM-YVP)

