



## Advanced Relationship Abuse Educational Support Group

JANUARY 8 - FEBRUARY 26

This 8-week educational advanced support group is for survivors of relationship abuse who have completed a cycle of Safe Haven Ministries' Relationship Abuse Support Group or have participated in similar programming.

### Upcoming Dates

Thursday 6:00pm-7:30pm

- 1/8 Trauma Bonds
- 1/15 Relationship Grief
- 1/22 Post Separation Abuse
- 1/29 Trusting Yourself Again

- 2/5 Boundary Exploration
- 2/12 Building Community
- 2/19 Victim Survivor Thriver
- 2/26 Healing Techniques

Snacks and refreshments offered.

Childcare available.

### For Information:

Call or Text: 616.452.6664

Advocates are available 24/7 via call, text, or webchat at [safehavenministries.org](https://safehavenministries.org)

A SAFE SPACE FOR  
**EVERYONE**  
ALL ARE WELCOME. ALL ARE SAFE.

**Office Location**  
2627 Birchcrest Dr SE  
Grand Rapids, MI 49506