



## Advanced Relationship Abuse Educational Support Group

JANUARY 8 - FEBRUARY 26

This 8-week educational advanced support group is for survivors of relationship abuse who have completed a cycle of Safe Haven Ministries' Relationship Abuse Support Group or have participated in similar programming.

### Upcoming Dates

Thursday 6:00pm-7:30pm

**1/8** Trauma Bonds

**1/15** Relationship Grief

**1/22** Post Separation Abuse

**1/29** Trusting Yourself Again

**2/5** Boundary Exploration

**2/12** Building Community

**2/19** Victim Survivor Thriver

**2/26** Healing Techniques

Snacks and refreshments offered.

Childcare available.

### For Information:

Call or Text: 616.452.6664

Advocates are available 24/7 via call, text, or webchat at [safehavenministries.org](http://safehavenministries.org)

A SAFE SPACE FOR  
**EVERYONE**

ALL ARE WELCOME. ALL ARE SAFE.

### Office Location

2627 Birchcrest Dr SE  
Grand Rapids, MI 49506