



Relationship Abuse Educational Support Group

JANUARY 8 - FEBRUARY 26

This 8-week educational support group is for people who have experienced physical, sexual, emotional, verbal, financial, and/or spiritual abuse. Attendees will gain knowledge of relationship abuse and receive support in a safe & confidential environment.

Upcoming Dates

Thursdays 6:00pm-7:30pm

1/8 Power and Control
1/15 Emotional and Verbal Abuse
1/22 Trauma and the Brain
1/29 Characteristics of Abusers

2/5 Abuse Across Generations
2/12 Shame, Guilt & Forgiveness
2/19 The Relationship Spectrum
2/26 Self Esteem

Snacks and refreshments offered.
Childcare available.

For information:

Call or Text: 616.452.6664

Advocates are available 24/7 via call, text, or
webchat at safehavenministries.org

A SAFE SPACE FOR
EVERYONE
ALL ARE WELCOME. ALL ARE SAFE.

Office Location
2627 Birchcrest Dr SE
Grand Rapids, MI 49506