



Relationship Abuse Educational Support Group

JANUARY 8 - FEBRUARY 26

This 8-week educational support group is for people who have experienced physical, sexual, emotional, verbal, financial, and/or spiritual abuse. Attendees will gain knowledge of relationship abuse and receive support in a safe & confidential environment.

Upcoming Dates

Thursdays 6:00pm-7:30pm

- 1/8** Power and Control
- 1/15** Emotional and Verbal Abuse
- 1/22** Trauma and the Brain
- 1/29** Characteristics of Abusers

- 2/5** Abuse Across Generations
- 2/12** Shame, Guilt & Forgiveness
- 2/19** The Relationship Spectrum
- 2/26** Self Esteem

Snacks and refreshments offered.

Childcare available.

For information:

Call or Text: 616.452.6664

Advocates are available 24/7 via call, text, or webchat at safehavenministries.org

A SAFE SPACE FOR
EVERYONE

ALL ARE WELCOME. ALL ARE SAFE.

Office Location

2627 Birchcrest Dr SE
Grand Rapids, MI 49506