



Relationship Abuse Educational Support Group

JULY 2 - AUGUST 20

This 8-week educational support group is for people who have experienced physical, sexual, emotional, verbal, financial, and/or spiritual abuse. Attendees will gain knowledge of relationship abuse and receive support in a safe & confidential environment.

Upcoming Dates

Thursdays 6:00pm-7:30pm

- | | |
|--|---------------------------------------|
| 7/2 Power and Control | 7/30 Abuse Across Generations |
| 7/9 Emotional and Verbal Abuse | 8/6 Shame, Guilt & Forgiveness |
| 7/16 Trauma and the Brain | 8/13 The Relationship Spectrum |
| 7/23 Characteristics of Abusers | 8/20 Self Esteem |

Snacks and refreshments offered.
Childcare available.

For information:

Call or Text: 616.452.6664

Advocates are available 24/7 via call, text, or
webchat at safehavenministries.org

A SAFE SPACE FOR
EVERYONE
ALL ARE WELCOME. ALL ARE SAFE.

Office Location
2627 Birchcrest Dr SE
Grand Rapids, MI 49506